



WELCOME TO THE 2022 MERRIMACK COUNTY LOCAL FOOD GUIDE!

The Merrimack County Local Food Guide is a free publication designed to make it easier for consumers to support local agriculture by purchasing products grown by farmers right here in our county!

Merrimack County farmers are a very important part of our environment and our local economy. These are the days when the hard work of Merrimack County farmers comes to fruition. Farmers and conservationists have worked hard to create the thriving agricultural system that we have today. When farmers aren't cultivating or harvesting their crops, they're contributing to the local food movement through farmers' markets and community building events like NH Maple Weekend and Old Home Day celebrations.

Merrimack County is lucky to have such a diverse agricultural community, from backyard farmers selling vegetables and fresh eggs roadside, to larger productions that supply products like fermented vegetables, leg of lamb or 100% grass-fed beef to local stores, restaurants, and farmers' markets.

As a "thank you" for all of the hard work that so many people put into the local food movement in New Hampshire, Merrimack County Conservation District is proud to present the 12th annual Local Food Guide in an effort to educate the public about the availability of our local bounty.

Our town-by-town farm list will help you find the farms and farmers' markets in your area!

We encourage you to safely meet local farmers on their farms or at farmers' markets. Challenge yourself by trying new foods or venturing out to visit a new farm! As you do so, please keep your safety and the safety of others in mind.

Merrimack County has a strong agricultural community to be explored. Plus, don't forget to thank our advertisers for their support of the Local Food Guide! Without them, this would not be possible.

When you buy local food, you aren't just making a simple purchase. You are supporting a way of life that embraces a stronger environment for future generations, helping your local economy, and helping family farms to thrive.

We look forward to seeing you at the farms and markets!

The Board, Staff, and Volunteers at the Merrimack County Conservation District

Merrimack County Conservation District would like to thank our 2022 local food sponsors! Their support makes this publication possible and allows us to continue supporting the local food system with our programs. Many thanks to:

Merrimack County Savings Bank Hooksett Kiwanis Franklin Savings Bank Five Rivers Conservation Trust

This is a publication of The Merrimack County Conservation District distributed free to Merrimack County residents and those interested in conservation of natural resources.

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Ty is a working fine artist, veteran, and graphic designer based out of Hopkinton, NH. He specializes in illustration, painting, and digital artistry. Find him at sunndaysillustration.com and instagram.com/sunnydaysillustration!

The Guide





Our Farmers

A Town-by-Town List of Farms

A handy list of farms along with their contact information, descriptions of their products and operations, and details on where to buy from them, all written by the farmers themselves!





Food For Thought

Growing Food and Community

MCCD works with gardens around the county to combat food insecurity and feed our neighbors. Learn about the partnerships that made this possible and the impact this program had in 2021.





NH Gleans

Fighting Hunger with Fresh, Local Food

As the regional lead for NH Gleans, MCCD works with a growing list of farms every year to bring local food to families in need. Thank you to all who donated in 2021!





Farmers' Markets

The Where and When for Market Goers.

The addresses, hours, and information about the farmers' markets we have right here in Merrimack County, both summer and winter.

Our Farmers







Farming in Merrimack County

A Town-by-Town List of Our Local Farmers!

Merrimack County Conservation District has worked with local farmers to conserve natural resources since our formation in 1946, but farmers have been cultivating the valleys and fields of New England since before the arrival of European settlers. We are a proud part of this rich story. Below is a list of current farms, their contact information, and brief (but delicious sounding) descriptions of all of their products.

Andover

Crow Tree Farm

Joe Rice & Malora Moore 72 Main St. 603-978-2440 contactcrowtreefarm@gmail.com
We are a small, family-run farm and bakery providing you with sourdough goodies, goat dairy products, farm raised meats, seasonal vegetables, and so much more!
Find Them: At the farm.

Trail Side Sugarhouse

Zach Barton
246 Currier Rd.
603-748-1307
trailsidesugarhouse@
gmail.com
Trailsidesugarhouse.com
The sugar shack was
built by Zach and
his friends in 2013
from sawn logs off the
property. Open yearround by appointment
and during maple
month. Available
products include maple

syrup, candy, cream, sugar, BBQ sauce, and assorted gift baskets. *Find Them*: At the farm, by appointment only.

Two Mountain Farm

Andrea Bye & Anthony
Munene
76 Shaw Hill Rd.
603-387-9398
2MountainFarmNH@
gmail.com
We grow fresh fruits,
vegetables, garlic, and
flowers using ecological
principles. We offer a 15week CSA from Memorial

Day to Labor Day which can be picked up at the farm or at the Sunapee Farmers' Market on Saturday mornings. New in 2022, we will be offering a fall CSA pickup! Find Them: Through their CSA, May to September, and at the Sunapee Farmers' Market.

Windswept Farm

Tim Gallagher 381 Flaghole Rd. 603-454-8926 We produce foods grown without chemical fertilizers or pesticides. Tomatoes, peppers, eggplant and onions are a main part of our production. Many other items such as greens, asparagus and root crops are grown on the farm as well. We make use of 5 small greenhouses to provide us with early tomatoes! Find Them: At the farm and the Wilmot Farmers' Market.

Boscawen

Highway View Farm

Adam Crete 100 River Rd. 603-796-2893 Our own raw milk, beef and pork year-round. Our own sweet corn and other local vegetables in season. Find Them: At the farm. Please call, or visit us on Facebook for current hours.

Marshall Pumpkin Farm

Josh Marshall 169 North Main St. 603-545-7794 marshallpumpkinfarm gmail.com Pumpkins, gourds, and winter squash. Find Them: At the farm from September to November.

Pustizzi Fruit Farm

Joe Pustizzi
148 Corn Hill Rd.
603-496-1924
farmajoep@yahoo.com
Pick your own berries
at our scenic farm! Saw
milling for specialty
lumber and wood
products also available.
Find Them: At the farm.

Richardson's Farm

Jim & Sue Richardson 170 Water St. 603-796-2788 suerichardson@tds.net richardsonsfarmnh.com Family owned and operated.Their bakery products (pies, apple crisp, etc.) are made from scratch and never frozen. They also make their own ice cream base and ice cream. Find Them: At the farm.

Robbins Nest Farm

3 N Water St. 603-496-2753

We raise chickens and ducks for eggs, and grow beach plums, herbs, veggies, and cut flowers. *Find Them*: At the farm.

Bradford

Silver Hill Farm

Pamela Bruss
367 County Rd.
603-938-2909
PamelaBruss@gmail.com
Pasture-raised, grassfed Hereford beef. Whole
or halves available. In
addition we offer raw
milk for on farm pick-up,
starting again in June.
Find Them: At the farm,
call first.

Sweet Beet Market + Cafe

11 West Main St. 603-938-5323 kearsargefoodhub.org Sweet Beet is a yearround access point to the bounty of our rich and dynamic local food system! Find hyperlocal produce and locally and regionally sourced groceries of all kinds in the market, with SNAP/EBT and 25% off for Veterans on all products, all the time. Breakfast, lunch, baked goodies, and delicious drinks available in the café, with seating on our lovely porch and in our community which features a new local artist each month.

Check online for current hours and updates. Programming by the Kearsarge Food Hub. *Find Them*: Online and in-store.

Canterbury

Brookford Farm

Luke & Catarina Mahoney 250 West Rd. 603-742-4084 brookfordfarm.csa@ gmail.com brookfordfarm.com Brookford Farm offers home delivery and pick up locations throughout the state of NH. We offer certified organic vegetables, 100% grass fed cheese, dairy, raw milk and beef products, pasture raised lamb. pork, chicken and eggs, lacto fermented products and aged meats. Visit our website to find out more about our farm, including our fourseason CSA. Find Them: Online and

at the farm 7 days/week, 7am-7pm. See website for additional locations and delivery schedules.

Clough Tavern Farm

23 Clough Tavern Rd. 603-783-4287 info@cloughtavernfarm. com cloughtavernfarm.com Home of Two Sisters Garlic and a PYO raspberry patch. We offer garlic products and raspberries as well as wool products, yarn, and sheepskins from our Scottish Blackface sheep and Teeswater sheep. Find Them: Online and at the farm by appointment, the Concord Farmers' Market, the Canterbury Country Store, and Harmens in Sugar Hill.

Concord Food Coop Organic Gardens

Andy Messenger 288 Shaker Rd. farmmgr@ concordfoodcoop.coop concordfoodcoop.coop/ community The Concord Food Coop has partnered with Canterbury Shaker Village to utilize the beautiful historic farm fields to grow organic vegetables for the local co-op's produce department and cafe. Find Them: At the Concord Co-op.

Hackleboro Orchards

Harry Weiser

61 Orchard Rd.
603-783-4248
hackleboro@hotmail.com
Large, beautiful working
farm with many varieties
of apples to choose from
and plenty of room to
roam around! The farm
stand has our own
blend of fresh, sweet

unpasteurized cider, prebagged apples for your convenience, fresh baked goods, and much more. Products include: PYO apples, fruits, vegetables, fresh baked goods, unpasteurized cider, and cider donuts. Find Them: At the farm stand and select farmers' markets.

Marsh Meadow Bison

Wally & Katie Archer 16 Scales Rd. 603-783-0083 marshmeadowbison@ gmail.com marshmeadowbison.com We offer grass-fed bison using low-stress handling techniques. They are hormone-free and antibiotic-free. Currently selling meat, organs, bones, and hides. Find Them: At the farm, year-round.

North Family Farm

Jill McCullough & Tim Meeh 341 Shaker Rd. 603-783-4712 t-jm@comcast.net northfamilyfarm.com Three-generation family farm. Maple syrup, maple cream, maple sugar, and maple candy. Made using alternative energy. Firewood and hay are also available for purchase.

Find Them: At the farm by appointment only.

Petals in the Pines

Jim & Donna Miller

126 Baptist Rd. 603-783-0220 donna@petalsinthepines. petalsinthepines.com We offer cut and PYO flowers, eggs, and baked goods, as well as products from other local businesses. We host many events at the farm including Tale Trails, garden tours and education programs for both adults and children. We are a certified Nature Explore Outdoor Classroom. We have 2 miles of hiking trails and garden and meadow pathways, plus two unique wood labyrinths overlooking a babbling brook. Find Them: At the farm from May 7 to October 10, daily 9-6, and at the Canterbury Farmers' Market once per month.

Sanborn Meadow Farm

Kathy & Scott Doherty 30 Sanborn Rd. 603-340-8955 Sanbornmeadowfarm@gmail.com sanbornmeadowfarm. com We use organic and regenerative practices

to grow our vegetables

and fruits. Our laying

chickens are rotated 100% on our pastures from March through December and are fed certified organic soy-free feed.

Find Them: At the Canterbury Country Store.

Someday Farm

Barbie Tilton

76 Pickard Rd. 603-783-9436 somedayfarmnh@aol. somedayfarm.com We raise alpacas for fiber and for sale, as well as chickens, goats, and rabbits. We offer maple syrup, jams/ jellies, relish, mustards, vinegars, dipping oils, packaged spices, earrings and crafted items. See website for events. Find Them: Online, at the farm, and at the

White Oaks Dairy Farm

Canterbury Farmers'

Market.

Steve Cochrane
142 West Rd.
603-783-4494
Milk and beef from
grass-fed cows. Bacon,
sausage, free range eggs,
our own maple syrup
and much more. We also
have manure, compost,
loam and wood chips.
Find Them: At the Farm,
Canterbury Country

Store, and Mclaughlin's Country Store.

Chichester

Anthony Family Farm

Craig & Kelly Anthony 31 Hutchinson Rd. 603-545-7288 kellyandcraig@mac.com Small family farm with 400 chickens and Aberdeen beef cows. Offering eggs all year round. Find Them: At the farm and Agway in Concord.

The Flying T Ranch

Pat & Martha Testerman 31 Durgin Rd. 603-798-3054 info@flyingtnh.com flyingtnh.com Small family farm in the scenic wooded hills of NH. We raise chickens and honeybees. We use organic, sustainable practices as much as possible. We harvest both wild and cultivated agricultural products. Offering eggs (yearround), honey, and other bee products. Find Them: At the farm, by appointment only.

Naboth Gardens & Apiary

Brad & Trish Ayers 27 Swiggey Brook Rd. 603-494-2105 nabothgardens@gmail. com www.nabothgardens.com

Food For Thought



Merrimack County Conservation District is proud to have partnered with several elementary schools, community based educational institutions, community gardens, and farms to grow vegetables for our community members facing food insecurity. In 2021, MCCD got a grant from the USDA Farm to School program in order to provide technical assistance to 7 schools. They also supported gardens at childcare centers as well as two community gardens in Merrimack County. Thanks to donations from LaValley Farms in Hooksett, Found Well Farm in Pembroke, Spring Ledge Farm in New London, Phoenix Farms in Goffstown, and Suncook Valley Farm Market in Barnstead, MCCD was able to deliver seedlings to each of these gardens so they could get started for the growing season.



In addition to providing technical assistance to gardens around the county, MCCD maintains two gardens to directly supply local food pantries and school backpack programs. Through a partnership with the Ken Marshall Community Garden in Boscawen, MCCD staff grow vegetables specifically to be donated to Hilda's Food Pantry at the Boscawen Congregational Church. A second partnership with Webster Ridge Farm allows MCCD staff the use of a high tunnel to grow produce for the Webster and Salisbury Elementary School Backpack programs, as well as other food pantries while school is out for the summer. Between the two gardens, over 300lbs of produce was donated last year!

Are you interested in supporting projects like these? Find out how you can help by giving us a call at 603-223-6020 or send an email to Info@Merrimackccd.org

We are a family farm raising a variety of vegetables, fruits, and herbs using Integrated Pest Management practices. Together with Little Red Hen Farm and Autumnview Farm, we offer a collaborative CSA to our community. Our apiary is in the process of expanding with the hope of being able to offer honey in 2023! Find Them: Online through our CSA and at Little Red Hen Farm & Homestead in Pittsfield.

Nature's Country Farm Stand

Sandy Boulanger 260 Suncook Valley Rd. 603-345-4015 naturescountryfarmstand. com

naturescountryfarm. wixsite.com/green Featuring our own products and some from other local vendors. Our own vegetables, fruits, herbs, flowers, and plants of each in season. Also baked goodies, dog treats, hand crafted chocolates & fudge, organic baking & soup mixes, herbal blends, rubs, and teas. All natural/ organic insect repellent, hydrating mists, detox bath products, and dog shampoo. Local meats, eggs, dairy, ice cream, maple goods, honey, heirloom seeds,

and much more! CSA available. *Find Them*: At the farm

Find Them: At the farm stand.

Terra Basics

Teresa Downey
21 Healy Pasture Rd.
603-234-1677
hello@terrabasics.com
terrabasics.com
Certified organic edible
flowers, fresh/dry herbs,
herbal teas, floral jellies,
and more. Certified by
the Real Organic Project.
Find Them: Online and
at area farm stands,
farmers' markets, retail
stores, and restaurants.

Concord

Apple Hill Farm

Chuck & Diane Souther 580 Mountain Rd. 603-224-8862 info@applehillfarmnh.com applehillfarmnh.com Family run farm with PYO and farm stand. We use integrated pest management to provide a high quality fresh product. Strawberries, raspberries, blueberries, black currants, peaches, apples, plums, pears, pumpkins, squash, beans, beets, corn, potatoes, tomatoes, cheeses, smoked bacon, ham, pepperoni, honey, maple, NH wine, hard and sweet cider. Find Them: At the farm.

Carter Hill Orchard

Rob & Annette Larocque 73 Carter Hill Rd. 603-225-2625 carterhillorchard@gmail. com

carterhillapples.com
Family-run orchard and
farm store offering a
wide variety of apples,
peaches, berries, plums,
and seasonal vegetables.
Farm store also has their
maple syrup, apple cider,
cider donuts, and other
baked goods.

Find Them: Online and at the farm mid-summer to late fall, 7 days a week.

Clapp Family Farmstand

Bridget & Jason Clapp 311 Clinton St. 603-856-1389 wtyadoozn@comcast.net We are a small, family farm offering seasonal fruits and vegetables, eggs, meat, and plants. We have a variety of local products available including honey, jams, maple syrup, and more! Find Them: At the farmstand.

Dimond Hill Farm

Jane Presby
314 Hopkinton Rd.
603-573-1501
dimondhillfarm@gmail.
com
dimondhillfarm.com
A conscious, responsible
farm that strives to
produce high quality,
freshly picked produce.

We are chemical free, relying on crop rotation and soil management practices. Blueberries (PYO June-Nov), greens, tomatoes, peas, cucumbers, squash, beans, potatoes, peppers, herbs, broccoli, cauliflower, corn, cabbage, swiss chard, onions, green onions, flowers, lettuce, a variety of fruits, eggs, and honey.

Find Them: Online and at the farm.

Generation Farm

James Stever 44 Graham Rd. 603-545-8660 generationfarmnh@ gmail.com generationfarmnh.com Certified organic vegetable farm that emphasizes sustainability and responsible, small-scale agriculture. The farm is almost entirely solar powered and specializes in mesclun salad mix, a variety of baby greens, and micro-greens. Find Them: At the Concord and New London Food Co-ops, and other locations throughout NH and MA. See their website for more stores and delivery schedules.

Mapletree Farm LLC

Dean Wilber 105 Oak Hill Rd.

603-224-0820 sales@mapletreefarmnh. mapletreefarmnh.com Concord's best kept secret for pure maple syrup and maple products. Features a modern sugarhouse, a lead- and chemical-free equipment, a planted maple tree orchard, and just five miles from the State House. Our sugarhouse is both ADA and FDA compliant. Maple syrup, maple candy, maple cream, maple coated nuts, and maple sugar are all available.

Find Them: Online and at the farm Tuesday and Saturday, 9am to noon, or by appointment.

Morrill Farm Dairy LLC

Rob, Sherri, Andrew and Kevin Morrill 33 Penacook St. 603-753-7849 Morrillfarmbeef@gmail. com Morrill Farm Dairy is proud to offer all natural, homegrown beef. Order it online at Morrillfarmbeef@gmail. com, and pick it up at the farm! Find Them: At the Concord Farmers' Market on Saturday 8:30 - noon, or at order pickup Thursdays 3-6 pm. Email to order ahead.

Rockey Ole' Farm

Wayne F. & Roberta Hall 141 Silk Farm Rd. 603-491-6306 www.rockeyolefarm.com Family-owned farm and farm stand bringing the freshest local products available. Strawberries, blackberries, and blueberries (June - July) along with row crops, root crops, and vine crops (May - December). Hay available. "We do things the way they used to."

Find Them: At the farmstand starting in May, and Concord Farmers' Market.

Rossview Farm

Don Ross 85 District 5 Rd. 603-228-4872 rossviewfarm.com Rossview Farm has a diversity of crops, but specializes in just one crop during each season to ensure we make the best product possible! Strawberries, Blueberries, Pumpkins, Christmas Trees, and Maple Syrup. We also grow, produce, and deliver firewood. Find Them: On the farm, please call ahead.

Shaker Road Provisions LLC

Rocky Burpee & Laura Munyon 89 Fort Eddy Rd. 603-203-9799 info@ shakerroadprovisions. com shakerroadprovisions. com

We offer a variety of small-batch, artisanal bacon including specialty flavors as well as bacon bits, chocolate bars with our bacon, ground bacon, and more! New products will be coming soon.

Find Them: At the store, the Concord Farmers' Market, the Downtown Concord Winter Farmers' Market, the Salem Farmers' Market, and the Salem Winter Farmers' Market at Labelle Winery in Derry.

SHARA Vineyards

82 Currier Rd. 603-836-9077 sharavineyards.com Nestled between rolling hills and white pine forests, SHARA Vineyards grows and makes dry, earthy wines from sustainably grown grapes, using no synthetic chemicals in the vineyard. Our 2017, 2018 and 2019 vintages are entirely native New Hampshire wines produced using organic agricultural practices. Our 2020 wines are completely natural, using zero additives in the cellar. Find Them: At the vineyard Friday-Sunday, seasonally May-October, at the Concord Farmers' Market, and at many other local establishments.

Danbury

Good Enough Farm

Sean Sullivan 554 Walker Brook Rd. 603-748-8744 Sean@ GoodEnoughFarmNH.

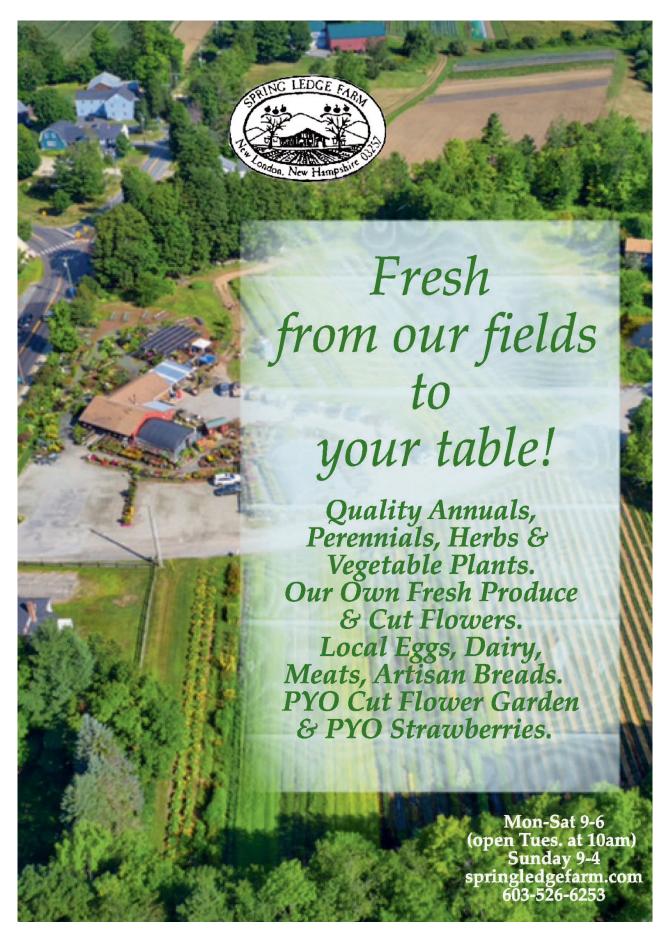
goodenoughfarmnh.com Certified organic, GMOfree, and nutritionally dense vegetables, fruits, herbs, and flowers. Find Them: At the Wilmot Farmers' Market and through their CSA on their website.

Haunting Whisper Vineyard & Spirits

Eric Wiswall 77 Oak Ridge Rd. 603-768-5506 info@hauntingwhisper. com

hauntingwhisper.com
Born out of our love of
fine wines and delicious
spirits, we have become
a great location for
enjoying the sweet nectar
of NH handcrafted wine
& spirits. We have been
producing since 2005





and serving the public since 2009.

Find Them: Online and at the vineyard. Check website for updated hours as they change throughout the season.

Huntoon Farm

Phil & Donna Sprague 46 Huntoon Rd. 603-768-5579 huntoonfarm@ myfairpoint.net huntoonfarm.com One farm, one family since 1856. We raise grass-finished beef, pastured pork, chicken, and turkey. Our hens provide the eggs for our commercial kitchen and sale. We produce baked goods and prepared foods using many of our own products. We scoop Granite State Candy Ice Cream which uses milk from Contoocook Creamery.

Find Them: At the farm, the Wilmot Farmers' Market, the Danbury Winter Farmers' Market, and Local Foods Plymouth, a year-round online farmers' market.

Off A Bit Farm

Laura & Tom Kilkenny 4 Powers Rd. 603-530-2496 Info@offabitfarm.com offabitfarm.com Off A Bit Farm is a small, sustainably run goat dairy and vegetable farm, working land that has

been in our family for 5 generations. We are focused on producing milk, meat, cheese, eggs, herbs and vegetables to help nourish our surrounding community. We also create soothing goats milk soaps and our own handcrafted liquid castile soap. All of our milk, dairy products and meat are from our own herd of Kinder® Goats and we are proud to be NH's only registered breeder of these wonderful dual purpose, homestead goats. Find Them: Online at Harvest to Market, and at the Wilmot Farmers' Market and the Danbury Winter Farmers' Market.

Tilton Hill Goat Farm + Alpaca

David & Noreen Rollins 11 US Route 4 603-738-5133 nikkinomar@yahoo.com tiltonhillgoatfarm.com Cashmere goats and alpaca are available for fiber. Boer goats are available for meat. Our animals are fed hav and browse when available. Goat meat, yarns, and cashmere goat skins. Find Them: Online, at the farm 7 days/week, and at the Concord Farmers' Market. Please call for availability.

Dunbarton

Fresh Start Farms

603-606-2663 farmshare@ refugeesuccess.org Freshstartfarmsnh.com A collective brand for 22 new American farmers. They operate farms in Dunbarton & Concord, growing more than 50 varieties of unique and popular vegetables. You can find and support Fresh Start Farmers at area farmers' markets and through their customizable online FarmShare with home delivery. See website for locations and CSA information.

Find Them: Online and at area farm stands, farmers' markets, the Mobile Market, and the Fresh Start Market in Manchester.

Stark Farm

Robert & Maria Donnelly 30 Stark Ln. 603-854-2677 starkfarmnh@gmail.com starkfarmblueberries. com

We are a PYO organic blueberry farm. We sell our own Stark Farm Honey, homemade organic jams, specialty cookies, and local maple syrup. We now have a donut machine and will be making blueberry donuts. If you prefer, we will pick berries for you.

Call for info. *Find Them*: At the farm, please call ahead.

Franklin

Beaver Creek Farm

145 Salisbury Rd. 603-934-4110 rnejlt@gmail.com We sell pork and beef by the monthly mixed box or by the cut. We also usually do thanksgiving turkeys.

Find Them: At the farm by appointment only.

Punch Brook Farm and Greenhouse

Lisa Mason 77 North Rd. 603-934-2738 plants@punchbrookfarm. com

punchbrookfarm.com
We grow and sell our
own spring bedding
plants. We also raise our
own Southdown sheep
breeding stock, plus
freezer lamb and hogs
ready for your freezer.
Find Them: At the
farm, from May until
plants sell out, or by
appointment.

Henniker

French Farm Selects

Marlene French
426 French Pond Rd.
603-957-6003
mfrench@
frenchfarmselects.com
frenchfarmselects.com
We produce fruit,
vegetable, herb, and
flower seeds. Seedlings
are also available in
season.

Find Them: Online.

Hop N Hen Farm

Dawn & Steve Forde
212 Hemlock Corner
Loop
603-428-7113
farmer@hopnhenfarm.
com
hopnhenfarm.com
The farm uses
sustainable agricultural
practices and grows
certified organic poultry,
eggs, vegetables, and

Find Them: At the farm, the Henniker Community Market, and the Concord Farmers' Market.

Intervale Farm Pancake House

fruits.

931 Flanders Rd. 603-428-7196 intervalefarm.myshopify. com

Interested in advertising in the 2023 Merrimack County Local Food Guide? Send us an email at info@merrimackccd.org! We boil our own maple syrup and serve up breakfast every morning except Thanksgiving and Christmas. Shipping is available for maple syrup.

Find Them: Online and at the farm daily 6:30am to 12pm.

Shaker Hill Homestead

Shaker Hill Rd. We raise dairy goats, pigs, layer chickens, meat birds and Angora rabbits with a Devon cow to arrive on the farm this fall! The homestead helps support myself, my three daughters, two sons-in-law and seven grandchildren! We have a large vegetable garden, and apple, peach, plum and cherry trees. We are adding nut trees and berries this year. We are dedicated to following organic practices and permaculture principles. Find Them: At the Henniker Community Market.

Hooksett

Hip Peas Farm

Jake Midura
191 W River Rd.
603-785-9510
info@hippeasfarm.com
hippeasfarm.com
5 1/2 acre agritourism
and vegetable farm
specializing in salad

greens and fruiting vegetables. Event hosting and wholesale operation. Herbs, eggs, and cut flowers also available! Find Them: At the farm, the Concord Farmers' Market, and the Canterbury Farmers' Market.

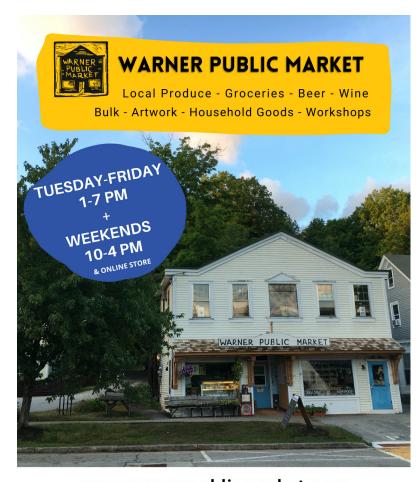
LaValley Farms

Chris & Danielle LaVallev 1801 Hooksett Rd. 603-485-3541 info@lavalleyfarms.com lavalleyfarms.com 60-acre fruit and vegetable farm in the Suncook Valley. We have a roadside farm stand in Hooksett and a mobile cart in Manchester. We are an IPM farm that focuses on being great stewards of the land and the environment. Veggies, fruits, dairy products, meats, maple products, honey, flowers, bedding plants. CSA available.

Find Them: At the farm May through Christmas, every day 10am-6pm, and at the Manchester Cart. See website for details.

Hopkinton/Contoocook

Beech Hill Farm Holly & Hannah Kimball 107 Beech Hill Rd.



www.warnerpublicmarket.com

19 E. Main Street - Warner, NH 603-456-2602

Special thanks to our Platinum and Gold Level Sponsors!





603-223-0828 hkimball66@gmail.com beechhillfarm.com Beech Hill Farm has been owned and operated by the Kimball family since 1771. Seasonally, the Ice Cream Barn is a favorite destination for delicious New England made ice cream and homemade waffle cones. Beech Hill Farm's all natural, pasture-raised beef, pork and their pure maple syrup are available all year 'round. Call to place an order and pick up by appointment at the farm.

Visit our website for information. *Find Them*: At the farm.

Contoocook Creamery at Bohanan Farm

The Robertsons
945 Penacook Rd.
603-717-5873
Contoocookcreamery@
gmail.com
contoocookcreamery.com
Bohanan Farm strives
to produce milk of the
highest quality to provide
you and your family with
a fresh, wholesome, and
local product by utilizing
the most efficient

and environmentally sound practices. We offer pasteurized and homogenized glass-bottled milk year-round and will be adding several new flavored milks this year! Find Them: At the farm and retail outlets throughout NH. See website for details.

Crow Valley Farm

Greg & Lane Bockius 1038 Hopkinton Rd. 603-224-7520 Hello@Crowvalleyfarm. crowvalleyfarm.com We are a small, familyrun, 100% pure, single source sugaring operation, and members of the NH Seal of Quality program and NH Made. We sell our syrup in 7 different bottle sizes. and keep more than half of our syrup in bulk so that we can fill custom orders, including large orders for restaurants. Find Them: At the farm and sometimes the SoWa Boston Farmers' Market.

Gage Hill Sugar Shack

Eileen Story 328 Gage Hill Rd. 603-746-4347 Theodore.story@comcast. net Offering NH maple syrup, maple cream, maple sugar, BBQ sauce, candy, and candied nuts



as well as raw NH honey. Find Them: At the Contoocook Farmers' Market and local craft fairs.

Gould Hill Farm

Amy & Tim Bassett 656 Gould Hill Rd. 603-746-3811 info@gouldhillfarm.com gouldhillfarm.com We are a fruit & vegetable farm with PYO blueberries in July; PYO peaches, plums & nectarines in August; PYO apples in September & October; and PYO Christmas Trees on Thanksgiving Weekend. We grow over 100 varieties of apples with over 15 varieties available to pick your own, as well as heirloom vegetables, squash, beans, garlic, potatoes and more. Onsite bakery with fresh apple cider donuts on the weekends. Our own sweet cider and Contoocook Cider Company's hard cider made on-site and available in the tasting

Find Them: At the farm July to Christmas and the Contoocook Cider Company tasting room every weekend.

Grounding Stone Farm

Kathleen Jacobs & David Miller

289 Maple St. 603-746-1064 davidmiller@ groundingstonefarm.com groundingstonefarm.com Visitors to the farm can pick-your-own certified organic high bush blueberries from July 12 - August 19, or if you are in a hurry, you can purchase freshly already picked blueberries daily. Find Them: Online and at the farm.

Owen Farm, LLC

The Owen Family 580 Brockway Rd. 603-225-2252 owenfarmnh@gmail.com owenfarm.org 150-acre family and educational farm that raises livestock using organic practices. Seasonal vegetables and herbs; chickens (summer-fall, call first); eggs (year-round); and wool. We teach many historic practices for small scale farming. Tour the farm and explore its scenic walking trails. Find Them: At the farm and the Concord Food Co-op.

Terra Organics

Denise Rico 198 Tyler Rd. 603-491-4039 terraorganicsnh@gmail. com TerraOrganicsNH.com Certified organic vegetables. Farm stand coming soon!
Find Them: At the farm from May to October,
9am-6pm, and at the Henniker Community
Market.

Wild Ones Farm

258 Dustin Rd. 978-386-4132 wildonesfarm@gmail.com wildonesfarm.com We are a small artisan creamery producing hard and soft cheese, focusing on Camembert and Manchego.

Find Them: At the farm Friday, Saturday, and Sunday 9am-6pm.

Work Song Farm

Dan & Abigail Kilrain 124 Beech Hill Rd. 603-219-0297 worksongfarm@gmail. worksongfarm.com Proud to offer a diverse selection of certified organic vegetables, herbs, and flowers. Our crops include tomatoes, cucumbers, strawberries, flower bouquets, yearround greens, storage crops and lots more. *Find Them*: Through their CSA, at the yearround Contoocook Farmers' Market, and at the Downtown Concord Winter Farmers' Market.

Loudon

Dumont Farms

Patrick Dumont

284 Bear Hill Rd. 603-318-9337 603-393-0123 dumontfarms@gmail. com

dumontfarms.com We raise pastured and grass-fed cows, pigs, chickens, turkeys, ducks, geese, and lambs. Meat from our chickens and ducks as well as their eggs are available. We sell whole and half sides of beef, pork, and lamb. In season, we grow a large selection of local vegetables and fruits. Honey and maple sugar products are coming soon!

Find Them: At the farm by appointment, the Downtown Concord Winter Farmers' Market, and the Canterbury Farmers' Market.

Grandpa's Farm

Rod & Victoria Phillips 143 Clough Hill Rd. 603-783-5690 Rod@grandpasfarmnh. com

GrandpasFarmNH.com PYO blueberries from the middle of July to the middle of August. Christmas trees and wreaths after Thanksgiving. Find Them: At the farm.

lēf Farms

Mariana Robles 662 Route 106 North 603-435-4500 mrobles@brightfarms.com

brightfarms.com
We produce pesticidefree greens year-round
in our hydroponic
greenhouses. We offer
several mixes of greens
with different flavor
profiles.

Find Them: At retail outlets throughout New England. See website for locations.

Liliana Flower Farm

140 Beck Rd. 603-568-1644 anna@lilianaflowerfarm. com lilianaflowerfarm.com
We are a flower farm
specializing in Daylilies,
featuring over 300
varieties. We also raise
hundreds of premium
perennials, annuals, and
vegetables in our fields
and greenhouses.
Find Them: At the farm
Wednesday – Sunday,
10am-5pm, other times
by appointment.

Loudonshire Farm

Jim Czack 1155 Route 129 603-435-6878 info@loudonshire.com loudonshire.com



farm + market + café
Programs of the Kearsarge Food Hub

Local Groceries
Fresh Seasonal Produce
Hand-Crafted Breakfast & Lunch
Coffee, Tea, Espresso & Baked Goods
Local Art on Display & for Sale
Indoor & Outdoor Seating



Check online for current hours and updates!

11 West Main, Bradford NH | 603-938-5323

Social Media: @sweetbeetnh Online Store: sweetbeetmarket.com



Heritage meats, poultry, and waterfowl. *Find Them*: Online and at the farm. Shipping available.

Maple Ridge Sugar House

The Brown Family

268 Loudon Ridge Rd. 603-470-7574 mapleridgesugarhouse@ aol.com Family-owned and operated by the Brown family. Visit us for our delicious maple and honey products and enjoy our majestic, westerly views at the same time. We are also proud to offer a wedding venue and wedding favors. Maple products are made on the farm. Find Them: At the farm, please call ahead.

Miles Smith Farm

56 Whitehouse Rd.

Carole Soule

603-783-5159 beef@milessmithfarm. com milessmithfarm.com We have over 45 head of cattle. We provide individual cuts of beef, pork, and lamb as well as halves and quarters. We also carry chicken, turkey, milk, cheese, and a variety of locally grown and made products. Check out our website for more information and to order online. We offer home delivery and

shipping. *Find Them*: Online, at the farm, and at the Concord Farmers' Market.

Purely Wholesome Farm

Dennis Schaefer 557 Lower Ridge Rd. 603-988-4109 purelywholesome@gmail. com purelywholesome.com A small family farm specializing in handcrafted artisan goat milk cheeses, quality raw goat milk, soaps, lotions, and other products. Find Them: Online, at the farm, and at farmers' markets. Please call for hours and availability.

Ridgeland Farm

Stefan Lillios 736 Loudon Rd. 603-520-4337 ridgelandfarmnh@yahoo. com ridgelandfarmnh.com We are a family owned and operated farm. We make pure maple syrup here on the farm in the spring and grow our own produce in the summer. We offer a wide range of maple products throughout the year and some special goodies on maple weekend in March. In the summer we offer most everything you can find in the produce aisle at the grocery store freshly picked and available at

our farm stand which is open daily! *Find Them*: At the farm.

Song Away Farm

Steve Dovon 603-731-0405 songawayfarm@gmail. com songawayfarm.com/thehomestead.html Soy free eggs are sold year-round, and our rabbit meat and poultry meat are available during the summer months. All of our meat is raised. processed, and packaged at the farm, without the addition of artificial ingredients. Find Them: At the farm year-round by appointment only. Email to set up an appointment.

Sunnyside Maples

Mike, Cheryl, Nick, & Ryan Moore 1089 Route 106 North 603-783-9961 sugarmaker@aol.com sunnysidemaples.com We are a traditional New Hampshire business operated on the same site for over 60 years by the Moore family. Our sugaring season begins in late February, when the warm days of approaching spring offset the chill of late winter nights. For the next few weeks, work continues at a feverish pace... tapping trees, collecting

sap, boiling, and bottling it with care, producing one of New England's purest pleasures for your enjoyment...until warmer nights signal the end of another brief sugaring season.

Find Them: Online and at the sugarhouse the end of February through mid-April, by appointment the rest of the year.

Windswept Maples

Larry & Melissa Moore & Sons 845 Loudon Ridge Rd. 603-435-4003 info@windsweptmaples.

windsweptmaples.com We value the opportunity to offer food that has been raised right on Loudon Ridge. We use a variety of IPM strategies in our production of vegetables. We are proud to offer eggs, and grassfed beef (offered frozen, processed at a USDA inspected plant). We also offer a full line of maple products including maple cream, granulated sugar & sugar candies. Find Them: Online and at the farm mid-July through Labor Day, weekdays 1pm-6pm and Saturday & Sunday 9am-5pm.

Are you interested in advertising?

Contact us at

info@merrimackccd.org or 603-223-6020.

New London

Spring Ledge Farm

Greg Berger
37 Main St.
603-526-6253
greg@springledgefarm.
com
springledgefarm.com
We commit to growing
and selling high quality
ornamental plants,
vegetables, and fruits

in a manner that respects the long-term health and well-being of the environment, the land, ourselves, and the community. PYO strawberries and PYO flowers in season. We also source local breads. dairy, meats, and cheese. Vegetable and flower CSAs available. Find Them: Online and at the farm Easter to Christmas, 7 days/ week; January to March, Friday 1pm-5:30pm & Saturday 10am-1pm.

Local Vendors, Live Music, Good Food

Wednesdays from June 1-Sept. 28
4-6:30 PM
Located in historic center of
Canterbury, NH



It takes a community to feed a community!

canterburyfarmersmarket.com

Newbury

Ben's Sugar Shack

Ben & Emily Fisk 693 New Hampshire 103 603-924-3111 emily@bensmaplesyrup. com

bensmaplesyrup.com We offer a wide variety of pure maple products at the sugarhouses located in Newbury and Temple, NH. Besides the expected maple items you will also find maple cotton candy, maple caramels, maple kettle corn, maple brittle, maple coffee and much more. The gift-shop in Newbury, NH is open during the Sugaring Season in March, and our Temple NH location is open year-round

Find Them: Online year-round and at the store in March and April.

Schroeder Farm

William Schroeder 126 Sutton Rd. 603-938-5911 bangus@tds.net schroederfarm. wordpress.com Open farm with animals for kids to interact with. We have calves, cows, chickens, lambs, sheep, pigs, and turkeys, as well as a farm stand and sugar house. Maple syrup, jam, relish, eggs, pickles, honey, wool products, freezer-ready roasting chickens (by order), and beef by the package. Pumpkins and winter squash available in fall.

Find Them: At the farm 9am-5pm, 7 days/week.

Northfield

The Bees Knees Farm

Jen Pelletier
440 Shaker Rd.
603-848-3314
thebeeskneesfarmnh@
gmail.com
We are a small, family
run farm offering fresh
flowers, delicious
produce, eggs, goat milk
products, and more.
Find Them: At the farm
and the Gilmanton
Community Farmers'
Market.



Pittsfield

Appleview Orchard

Dennis Straight 1266 Upper City Rd. 603-435-3553 apples@ applevieworchard.com applevieworchard.com Primary fruit is apples, but we also supply peaches, pears, apricots, cherries, blueberries, raspberries, and strawberries. Seasonally, we make homemade apple fritters, apple pies, mini apple pies, an assortment of whoopie pies, and cider. From May through November, we operate an ice cream/ gift shop with many NH items including jams, jellies and dips. We have farm-friendly animals, and a playground. We offer free weekend hayrides and field trips by appointment. Find Them: At the farm Friday-Sunday, mid-May to June; daily July to October: and weekends in November.

Autumnview Farm

Bob Perkins
1010 Upper City Rd.
603-435-5503
autumnviewfarm97@
hotmail.com
Wholesale and retail
berries, pears, peaches,
beets, potatoes, carrots,
eggplant, squashes,
pumpkins, zucchini,
tomatoes, cucumbers,

peppers, sweet corn, turnips, and cherry tomatoes.

Find Them: At Whole Foods, Hannafords, local schools, and Danis Supermarket.

Crimson King Farm

Wesley & Sarah Osborne 5 Barton Rd. 603-812-6152 sarah@crimsonkingfarm. com

Crimson King Farm is owned by Wesley and Sarah Osborne and their two young children Olivia and Evan. Our farm is involved with Merrimack County 4H, and exhibits both Red and Black Hereford cattle at local fairs during the fall season. The other 9 months of the year we are intensely improving our Japanese Wagyu herd through IVF collection and embryo transfer. The Wagyu cattle have become a passion in recent time due to their amazing meat quality, health benefits of the beef, as well as the docility of the cattle. We are constantly looking for ways to improve the utilization of our land as well as improve the breeds of cows that we farm. We raise a small flock of chickens both for meat and eggs. We are proud to be part of the New Hampshire

farming community and look forward to many years of prosperity and enjoyment in farming our cattle and poultry. *Find Them:* At the farm.

Journey's End Maple Farm

Marty Boisvert 295 Loudon Rd. 603-435-5127 martyboisvert295@gmail. com journeysendmaplefarm. com

Family run maple farm that sits on 40 acres of sweet maple trees. What started out years ago as a backyard hobby for owner, Marty, and his father has now turned into a passion for making the finest NH Maple Syrup. Products include maple syrup, maple cream and granulated maple sugar as well as maple sugar coated nuts, maple candy, and maple cotton candy. Find Them: At our sugar house, the Barnstead Farmers' Market, local craft shows, Danis Supermarket, and

Little Red Hen Farm & Homestead

shipped to your location.

Matt & Jill Fudala 85 Norris Rd. 603-568-5540 LRHfarms2018@gmail. com littleredhenfarm.net We are a diversified 33acre farm offering pork, chicken, eggs, and goat milk products including our homemade, raw goat milk ice cream. Many other local products are available at our self-serve farm stand including cheeses, breads, canned goods, maple syrup, honey, and so much more! Find Them: Online, at the farm, and through their CSA. Local delivery available.

Salisbury

Black Bear Vineyard

Kelly, Ted, & Nick Jarvis 289 New Rd. 603-648-2811 blackbearvineyard897. com

blackbearvineyard.com
We produce 7 varieties of
grapes to craft our 3 red
and 4 white estate wines.
Tastings and vineyard
tours are available. We
also host special events
including weddings,
parties, and other
celebrations.

Find Them: Online and at the farm.

Cedartree Farm

Amy & Stephen Fecteau 262 Franklin Rd. 603-648-2571 cedartree1521@gmail. com cedartreefarm.com We are a family farm that runs on hard

work, creativity, and sustainability. Most of our produce gets a head start in our greenhouse. We do not use any chemical fertilizers and use compost created by our farm animals to enrich the soil. On our farm you will find egg laying chickens, ducks, goats, sheep, and pigs. We offer USDA processed pork, lamb, and goat. Find Them: At the farm, the Salisbury Farmers' Market, and The Exchange in Andover.

Little Bear Farm

54 Racoon Hill Rd. 603-660-0924 littlebearfarmnh@gmail. com

littlebearfarmnh.weebly.

We are a small, family farm. Originally "city folk", we have embraced the country life. Our farm currently includes chickens, ducks, mini pigs, and Nigerian Dwarf goats. We offer chicken and duck eggs, as well as homemade soap. Find Them: At the farm by appointment.

North of Concord Farm

Lorna Carlisle 77 Old Turnpike Rd. 603-731-9579 lornacarlisle@yahoo.com Wide variety of vegetables and berries; cage-free eggs and baked goods are also available. Not certified organic but we use mostly organic practices.

Find Them: At the farm Monday & Wednesday 1pm-6pm and Friday, Saturday, and Sunday 10am-6pm. Call or text for additional information.

Over The Hill Farm

Helen Binette 551 South Rd. 603-648-2156 Helenb46@tds.net We grow many of our fruits and vegetables that are used to make jams, jellies and relishes. We usually have about 26 different flavors of jams and 5 different relishes available. Find Them: At the Salisbury Farmers' Market and many craft fairs throughout the year.

Sutton

Cascade Brook Farm

Ed & Cindy Canane
96 Baker Rd.
603-496-7470
ed@cascadebrookfarm.
com
cascadebrookfarm.com
100% grass-fed Angus
cattle operation.
The cattle receive no
hormones, medications,
or drugs. Individual/
group tours are available

NH Gleans Thanks Local Farmers!

Merrimack County Conservation District is the regional lead for NH Gleans, a statewide network of organizations and volunteers working with local food producers to distribute surplus bread, eggs, and produce to food insecure people throughout the Granite State. A special thanks to our amazing local farms, backyard gardeners, and volunteers that helped MCCD glean and distribute

64,843 pounds of fresh, nutritious food in 2021!



- Blakeney's Fine Baked Goods
- Blue Moon Berry Farm
- Carter Hill Orchard
- Colby-Sawyer Main St. Garden
- Double Jay Farm
- Found Well Farm
- Giovagnoli Egg Farm
- Good Enough Farm
- Grounding Stone Farm
- Hackleboro Orchards
- Hip Peas Farm
- Ken Marshall Community Garden
- LaVallev Farms
- Muster Field Farm
- Off A Bit Farm
- Pete and Gerry's Eggs
- Phoenix Farms
- Pustizzi Fruit Farm
- Shaker Organic Garden
- Spring Ledge Farm
- Suncook Valley Farm Market
- Sweet Beet Market
- Terra Organics NH
- Warner River Produce
- Webster Ridge Farm
- Windswept Farm
- Work Song Farm



ORGANIC EGGS

- From Small Family Farms -











www.peteandgerrys.com



Want to get involved in any of the programs you read about here? MCCD has volunteer opportunities! Throughout the growing season, we have farms donating crops that either need to be harvested or picked up and delivered to local food pantries, soup kitchens, senior centers, and after-school programs. Contact us at info@merrimackccd.org to find out more about this and other volunteer opportunities coming up!

Want to support our programs, but don't have the time to volunteer? Many of our programs rely on donations and fundraising including the school garden program (pg. 9), the NH Gleans program (pg. 25), and the Veteran Market Dollars Program (pg. 30). With your support, we can continue to offer these programs to support our community!

by appointment. We offer Black Angus beef by the side and whole, to order. *Find Them*: Online.

Greenhill Farm NH

Ben Dobrowski 457 Birch Hill Rd. 603-219-6486 greenhillfarmerben@ gmail.com Greenhillfarmnh.square. site

Certified organic small family farm producing vegetables, fruits, herbs, mushrooms, value-added products, pastured pork, and rough sawn custom cut lumber. We are 100% off-grid solar-powered. CSA Vouchers available.

Find Them: Online and at the farmstand, Warner Public Market, Sweet Beet Market, and Spring Ledge Farm.

Muster Field Farm

Steve Paguin

12рт-брт.

Harvey Rd. 603-927-4276 musterfieldfarm@gmail. com musterfieldfarm.com Active historic farm museum. Preserved farm buildings and implements are on display. Extensive gardens supply our farm stand with mixed vegetables, flowers, and apples. Find Them: At the farm June to October, daily

Warner

Beaver Meadowbrook Farm

Don & Barbara Lassonde 402 Route 103 East 603-456-6052 603-224-2452 DonLass@aol.com High quality, awardwinning pure maple syrup, carefully made in our sugar house. Syrup sold year-round. Our maple syrup is a healthy alternative to sugar! Visitors are welcome, especially during the maple season. Find Them: At the farm year-round, please call first.

Blue Moon Berry Farm

Heidi Crozer 195 Waldron Hill Rd. 603-410-9577 ducatista76@gmail.com We will have PYO blueberries, orchids, local artists and homemade goods such as jams, honey, soaps, and more. We will feature cupcakes from Wicked Sweets Cakes and treats on the weekends! We are hoping to offer more vegetables in the future! Find Them: At the farm Tuesday-Saturday, 8-6, and Sunday, 8-4.

Courser Farm

Gerald & Tim Courser 374 Schoodac Rd.

603-456-3521 pscourser@hotmail.com Established family farm offering seasonal vegetables, including sweet corn, summer squash, cucumbers, maple syrup (by order), and pumpkins (fall). Find Them: At the farm.

Courser Meadows

Jenny & Sadie Courser 163 Connors Mill Rd. 603-456-2164 coursermeadows@gmail. com

coursermeadows.com Mother/daughter run farm where all livestock are raised on rotational pasture. We offer 100% grass-fed raw milk, yogurt, beef, and lamb. We also have pastureraised pork and poultry that are supplemented with certified-organic feed, as well as freerange eggs. Other products we carry include maple syrup, heirloom cornmeal, and whole wheat and rye flours. At various times we have heifers and piglets for sale. Find Them: Online and at the farm store 9am-7pm, 7 days/week year-round.

Kearsarge Gore Farm

Bob Bower, Jen Ohler, Sam Bower, & Sarah Hansen 173 Gore Rd. 603-456-2319 kgfarm@tds.net teamkgf.com Certified-organic family farm producing vegetables, herbs, garlic, cut flowers, maple syrup, pasture raised lamb, beef, and pork since 1985.

Find Them: Online and at the farm by appointment, the Warner Area Farmers' Market, the Concord Farmers' Market, Warner Public Market, Local Harvest CSA, Concord Food Co-op, and Sweet Beet Market.

My Little Farm

Anne & Sean Tatro 1 Scribner Rd. 603-648-6186 anneholzinger@gmail. com

Farm raised meat: whole chicken, turkey, and duck. Pastured fresh pork and grass-fed beef. Free range eggs: chicken, duck, and goose. *Find Them*: At the farm by chance or appointment, some deliveries possible.

Pumpkin Blossom Farm

Missy & Mike Biagiotti 393 Pumpkin Hill Rd. 603-456-2443 lavender@ pumpkinblossomfarm. com www. pumpkinblossomfarm. com

Pumpkin Blossom Farm offers fields of lavender which are open for exploring starting in June, with pick-yourown available in July. Our farm stand is stocked with all kinds of lavender products from sachets to oil and vinegar to cosmetics and more! Join us for lavender craft classes for both adults and children, as well as yoga in the lavender fields. Find Them: Online and at the farm.

Vegetable Ranch

443 Kearsarge Mtn Rd. 603-456-2194 Vegetableranch@gmail. com vegetableranch.org We grow over 40 different certified organic vegetables. We also raise certified organic freerange chickens and eggs. CSAs available. Find Them: At the farm any day, 10-4, and at

Yankee Farmer's Market

Market.

the Concord Farmers'

Brian & Keira Farmer 360 Route 103 East 603-456-2833 yankeefarmersmarket@gmail.comyankeefarmersmarket.com
Bison farm raising and distributing buffalo meat, grass-fed beef,

pastured pork, freerange chicken & turkey, lamb, venison, and elk. Individual cuts and meat packages available for retail and wholesale. Dairy, eggs, cheese, and other specialty foods available at our farm store.

Find Them: Online and at the farm year-round.

Webster

Bokaja Farm

Bob & Kathy Drown 1395 Battle St. 603-648-2520 603-731-5381 kdrown@tds.net Local turkeys of various sizes in season. Find Them: At the farm, call for details.

Coffin Cellars Winery

Jamie Austin 1224 Battle St. 603-731-4563 coffincellarswinery@ gmail.com coffincellarswinery.wix.

A family-owned winery run by Peter Austin and his son, Jamie. Specializing in fruit & berry wines made with locally grown fruit whenever possible. Find Them: At the winery, the Concord Farmers' Market, the Lebanon Farmers' Market, and the

Henniker Community Market.

Milkcan Corner Farm

Lisha Kimball
45 Mutton Rd.
603-648-2268
kimball@tds.net
Facebook @LishaKimball
PYO raspberries,
blueberries, mulberries,
and red and black
currants. 472 registered
varieties of field grown
daylilies.

Find Them: At the farm July to September, 7 days/week.

Roberts Greenhouse & Nursery

Sue Roberts 1020 Long St. 603-648-2142 info@robertsgreenhouse. robertsgreenhouse.net Diversified, small family farm dedicated to sustainable practices and local farming. It is our intention to teach by example and provide education in animal husbandry, plant awareness, recycling, refurbishing, and creativity. We offer bedding plants, trees, shrubs, vegetable plants, and starter sets; fresh cut flowers yearround; homegrown beef, seasonal fruits, and vegetables. Find Them: At the farm,

call for seasonal hours.

Warner River Produce

Jim Ramanek 119 Dustin Rd. 603-491-4203 warnerriverproduce@ gmail.com warnerriverproduce.com localharvest.org/warnerriver-produce-M49431 Vegetables, tree fruits, berries, raw honey, garlic, ginger, eggs, spring transplants (herb, flower, and vegetable), fresh and dried culinary and medicinal herbs, shiitake mushrooms. and rhubarb. Farmers' Market CSAs available. Find Them: At Boulder Farm Stand on Jewett Road in Hopkinton 3pm-6pm, select farmers' markets, and the Weare Real Food Farmers' Market Store. See website for more details.

Webster Ridge Farm

Mary Will Sussman
1482 Pleasant St.
603-648-2595
mewsussman@gmail.
com
websterridgelocallygrown.
com
Locally raised beef, pork,
and occasionally lamb,
as well as eggs, Good

Things in Jars - jams, pickles, condiments - and more. See website for more details.

Find Them: At the farm and area farmers'

markets.

Wilmot

Nalla Farm

Andal Sundaramurthy 34 Route 4A 603-748-4802 nallavegetablefarm@ gmail.com nalla-farm.business.site Small scale mixed vegetables, fruit, and flowers. Available through CSA, tiny farmstand, the local farmers' market, and wholesale. Find Them: At the farm Monday, Wednesday, and Friday, and at Wilmot Farmers' Market

Thank you to all of the wonderful farms who make the Merrimack County local food system as vibrant as it is!

June-September.

We hope you
will join us in
exploring all of the
delicious local food
our county has to
offer!

Did we miss a farm?

Let us know!

Send us an email at info@merrimackccd.org

Summer Markets!



Canterbury Community Farmers' Market

June-September, Wednesdays, 4-6:30pm Elkins Library 9 Center Rd.



Concord Farmers' Market

May-October Saturdays, 8:30am-12pm Capitol St.



Contoocook Farmers' Market

May-October Saturdays, 9am-12pm Gazebo 896 Main St.



Franklin Farmers' Market

June-September Thursdays, 3-6pm Marceau Park 378 Central St.



Henniker Community Market

June-October Thursdays, 4-7pm Henniker Community Center Park 57 Main St.



Salisbury Farmers' Market

June-August Mondays, 3-6pm Town Hall 9 Old Coach Rd.



Warner Area Farmers' Market

May-October Saturdays, 9am-1pm Town Hall 5 East Main St



Wilmot Farmers' Market

June-September Saturdays, 9am-12pm Town Green 9 Kearsarge Valley Rd.

We would like to thank the veterans of Merrimack County for their service by offering the **Veteran Market Dollars Program**! Each month, this program provides \$10 in vouchers for veterans to use at the farmers' markets. All you have to do is present your veteran ID at the Granite State Market Match booth. Find the Veteran Market Dollars Program at any farmers' market participating in the Granite State Market Match Program in Merrimack County!

Winter Markets!



Canterbury Community Farmers' Market

November 12th and December 10th, 4-6:30pm Elkins Library 9 Center Rd.



Contoocook Farmers' Market

May-October Saturdays, 9am-12pm Gazebo 896 Main St.



Downtown Concord Winter Farmers' Market

November-April Saturdays, 9am-12pm 7 Eagle Square



Blazing Star Grange Danbury Winter Farmers' Market

November-May First Saturday of the Month 9am-12pm

Blazing Star Grange Hall 15 North Rd.

Did you know you can use your **SNAP/EBT** benefits at the farmers' markets? And you can double your money by doing so! The **Granite State Market Match Program** provides matching funds for SNAP/EBT benefits used at farmers' markets! Find the Granite State Market Match booth at the market, tell the person at the booth how much of your benefits you want to withdraw, and give them your SNAP/EBT card. They will deduct the amount you requested from your account and you'll receive \$1 tokens that can be used on any SNAP eligible items at the market. They'll also give you green tokens to match the funds you requested which can be used to purchase fresh produce. So, if you take out \$10 in SNAP/EBT funds, you'll receive \$20 in tokens! Find the Granite State Market Match Program at the following Merrimack County farmers' markets:

- ♦ Concord Farmers' Market
- ♦ Contoocook Farmers' Market
- Franklin Farmers' Market
- Henniker Community Market
- ♦ Wilmot Farmers' Market
- ♦ Blazing Star Grange Danbury Winter Farmers' Market
- Downtown Concord Winter Farmers' Market
- ♦ Contoocook Farmers' Market

"There is no exercise better for the heart than reaching down and lifting people up." - John Holmes



At the Merrimack, we seek to lighten burdens by supporting causes and organizations that make our community a better place to live.



